

# The Hours

## Avalon at Buhl Park Salon and Spa Hours

Wednesday and Thursday, 9 a.m. to 7 p.m.,  
Friday, 9 a.m. to 5 p.m. and Saturday, 9 a.m. to 3 p.m.

Massage Services are available all weekdays from 8 a.m. to 8 p.m.  
should a therapist be available.

All services may be scheduled through the Salon and Spa  
or Member Services Department.

Salon and Spa: (724) 704-8818

Member Services Department:

Ohio (330) 856-1900, (330) 539-5008 or PA: (724) 704-8801

Tanning facilities are open during Fitness Center hours and are scheduled through the Fitness Center. Please check in at the Fitness Center desk.

**Note:** We will be happy to make every attempt to schedule a spa party or event outside of our scheduled salon and spa hours for groups of four or more. Full or half day events must be secured with a credit card or club charge account. Cancellation policies apply.

# Policies

- The Spa is an Adult Environment.
  - We ask that you speak quietly throughout the Spa, particularly in waiting areas and in treatment corridors. To preserve an ambiance of peace and tranquility, the Spa is a cell phone free environment.
  - Children are welcome to use salon services. Minors under the age of 14 must be accompanied by an adult during the entire time of their service.
  - Appointments are scheduled and a late arrival may cause a modification of your service time.
  - Members/Guests are responsible for their personal belongings. Lockers will be provided during Spa services.
  - We recommend that you do not wear jewelry during your visit with us.
  - Reservations are required 24 hours in advance.
  - We require a member’s charge account or credit card when three or more appointments are being scheduled.
  - We understand that plans change. We appreciate and require a 24-hour notice for all **cancellations**. Otherwise, a member will be charged the full amount of the scheduled services.
  - Please consult your physician should you have any medical concerns before scheduling services.
  - Please plan to arrive at least 20 to 40 minutes prior to your appointment if you would like to use the sauna and/or steam room facilities in the locker room prior to your appointment. You are also welcome to use these amenities following your service.
  - You are invited to unwind and relax in our relaxation area before or after your appointment. You are welcome to order a beverage and/or snack from the restaurant.
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- In appreciation of outstanding service, gratuities may be given to the staff at your discretion. Envelopes will be provided at the front desk. For groups of four or more, an 18% gratuity may be added.
  - Members are encouraged and welcomed to bring guests.
  - Non-members are welcome to use the Salon and Spa services.
  - Promotional pricing of services or products are for members and their guests only. Guests must be accompanied by a member.
  - Large groups and Spa parties are welcome. A deposit may be requested to hold the appointments. The deposit may not be refunded if insufficient notice of cancellation is made.
  - When a major credit card is used for Spa services, a 3.5% Administrative Fee will be added.
  - Prices subject to change.

# Reinventing Skincare

Empower your skin to look healthier and younger longer. Please arrive 10 minutes early to complete your questionnaire and to consult with your technician.

# Facials

## “Introducing SkinCeuticals”

SkinCeuticals approach to optimal skin health is to “Prevent”, “Correct” and “Protect”. An effective skincare regimen must contain these three fundamental elements to be customized and tailored for every unique skin need. Our professional staff will consult with each client to address specific skin concerns. All facials include steaming, light massage on neck and shoulders, arms and hands. Each treatment will end with an antioxidant, moisturizer and sun protection applied to the skin. Comprehensive at-home regimens and facials every 4 to 6 weeks will optimize the best that can be health and appearance of the skin. Please ask for a menu from The Grand Resort’s Med Spa to learn more about advanced corrective treatments.

### Age Defying Luxury Facial 50 Minutes/\$95

- This anti-aging treatment is designed to revitalize and repair dull, tired skin, while restoring luminosity. This facial incorporates a glycolic/lactic acid peel to enhance exfoliation. A custom selected masque will address your specific skin concerns. The recommended take home products: C E Ferulic (an award winning serum that delivers advanced environmental protection.)

### Brightening Luxury Facial 50 Minutes/\$95

- This enhanced opulant treatment refines and restores skin radiance. Your skin will be prepped for an Alpha Beta Treatment to enhance exfoliation and the Vitamin C Firming Masque will tighten, detoxify and nourish the skin to restore a firm and glowing complexion. Recommended take home product: Phloretin CF (this serum helps diminish fine lines and improve skin’s tone and texture.)

### Clear Luxury Facial 50 Minutes/\$95

- This detoxifying treatment purges skin of impurities. A salicylic peel and Clarifying Clay Masque will decongest pores. This experience is enriched with botanicals, minerals and a hydroxy acid blend to gently exfoliate and calm the skin to promote a healthier complexion. Recommended take home product: Silymarin CF (a powerful Vitamin C Antioxidant for oily and blemish prone skin.)

### Hydrating and Nourishing Luxury Facial 50 Minutes/\$95

- This nourishing treatment will encourage skin’s self-repair and will result in supple, nourished and hydrated skin. A Glycolic/Lactic Acid Peel encourages exfoliation and the Phyto Corrective Masque containing highly concentrated botanical extracts and hyaluronic acid will smooth and hydrate your skin. Recommended take home product: Triple Lipid Restore 2:4:2 (a replenishment Treatment formulated to address age-related lipid loss.)

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## Facial Add-On Services:

- **Eye treatment** \$25  
*This treatment will visibly improve radiance and firmness for a more well rested appearance.*
- **Biocellulose Restorative Masque** \$25  
*Amplified hydration layered on top of a treatment masque for maximum soothing and hydration.*
- **Scalp Massage** \$20  
*Encourages scalp stimulation and relaxation*

# Dermaplaning

Dermaplaning is a professional exfoliation and removal of vellus hair (peach fuzz) from the face leaving skin smooth and allowing deeper absorption of skin care products and a more even make up application. Be mindful of protecting the skin from over exposure to the sun several days after this treatment.

### Dermaplaning Only \$40

- Please arrive with cleansed skin. Moisturizer and sun protection will be applied after your service.

### Dermaplaning \$30

- Added to any facial.

# Hair Services

Ladies’ Cut and Style	\$40
Shampoo and Style	\$30
Gentlemen’s Barber Cut (dry cut)	\$18
Child (ten and under, does not include shampoo or style)	\$15
Special Occasion/Up-Do	\$75+

### The Permanent Wave \$65+

## The Color

Color	\$65+
Color Retouch	\$60+
Partial Highlight	\$70+
Full Highlight	\$75+
Highlight/Lowlight	\$90+
Men’s Color	\$30
Olaplex	\$15

*Olaplex is a professionally used additive to a hair color service that dramatically eliminates breakage and leaves hair feeling amazing!*

***A consultation with a professional stylist prior to your color treatment will determine pricing.***

## Specialty Services

### Halocouture Hair Extensions \$300+

Genuine 100% Remy Human Hair Extensions provide instant length and volume for a natural and beautiful look. No Clips, No Glue, or No Weaving required, which means virtually NO DAMAGE. Visit **HALOCOUTURE** website to view videos. We will special order the right extension for you. Color swatches available. Schedule a **Free** consultation to learn more and to see and feel our sample extension.



## Nails

Spa Manicure	\$36
Spa Pedicure	\$50
<i>Spa services include exfoliating, masking, massaging, warm towels and soothing lotions.</i>	
Basic Manicure	\$30
Basic Pedicure	\$39
<i>These basic services include nail grooming and are finished with beautifully polished nails.</i>	
Polish Change	\$18
Shellac Manicure*	\$40
Shellac Pedicure*	\$52
Shellac Removal*	\$ 8
Gentlemen's Manicure	\$25
Gentlemen's Pedicure	\$38

### \*Say Hello To Shellac

*Shellac is a breakthrough UV technology that combines the ease of nail polish with the permanence of gel nails. A true innovation in extended-wear nail color. Shellac is a brand name that can be compared to Gelish, OPI, DND and others.*

### The Add-Ons

French tips	\$ 8
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## Wax

Brows	\$12+	
Lip and Chin	\$15	
Full Face (brows, lip, chin, and sides of face)	\$30	
Under arm	\$25	
Bikini (women only)	\$35+	
Back Wax	\$45+	
Leg Waxing	Full leg \$60+	Half leg \$40+
Arm Waxing	Full arm \$40+	Half arm \$30+

## Make-up Application

Full Make-up Application for Special Occasions	\$65
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We use and retail bareMinerals Cosmetics and skincare by Bare Escentuals.

Minkys Eyelash Extensions

**Full Set: \$150    Flirt Set: \$60+    Fills: \$50+**

These individual eyelash extensions are professionally applied by our certified technician in a private and relaxing space. Minkys lashes are designed to mimic the natural eyelash and come in a variety of lengths and thickness. They are light, soft, flexible and infinitely wearable. You may schedule a **FREE** consultation to learn more.

## Spray Tanning

Spray Tans by South Seas – Full Body	\$40
Spray Tans by South Seas – Upper Body	\$30

This system is hand sprayed by trained technicians. The system is paraben free and simply...Flawless. You may wear undergarments, swimwear or disposable under garments and/or wraps are available. Color can last up to 10 days. It is recommended that for best results you schedule a full body exfoliation the same day of your spray tan.

## Massage/Body Treatments

*Customize your massage after consulting with your technician. A brief consultation will determine the perfect massage. Couple's massages are available upon request.*

**Relaxing Massage**      60 Minutes / \$85      90 Minutes / \$ 105

- This relaxing journey will speak to your specific areas of concerns. Swedish technique combined with aromatherapy will lull you into peace and tranquility leaving you relaxed and calm.

**Sports Pressure Massage**    60 Minutes / \$90      90 Minutes / \$110

- Designed to release lactic acid build-up in the muscles caused by frequent physical activity, while relaxing the body and gently stretching the muscles.

**Deeper Pressure Massage**    60 Minutes / \$95      90 Minutes / \$115

- Designed to recharge your body, alleviate tension and muscular stress. Revive tired and fatigued muscles leaving a feeling of revitalization and relaxation.

**Reflexology**      50 Minutes / \$65

- This is a 50-minute treatment that applies pressure to the feet and hands with specific techniques to relieve stress. This is the perfect massage treatment for the individual who is not comfortable being disrobed. A warm therapeutic hand treatment is included.

### The Add-Ons

- Hot Stones added to any service      \$ 15

## Body Treatments

**Full Body Exfoliation**      45 Minutes / \$ 75

- Exfoliation rids you of dry and itchy skin. Oils will be massaged into your skin finished with complete hydration.

**Thermal Wrap**      60 Minutes / \$ 75

- A body wrap, also known as a 'body cocoon' or 'body mask' is a spa treatment created to enhance the health and appearance of the skin, while stimulating circulation. A nourishing oil is applied and left on your skin while you relax wrapped in a cozy thermal cocoon.

**Revitalizing Spa Experience**      60 Minutes / \$ 85

- This treatment includes a mini facial and a massage concentrating on the head, neck, shoulders, hands and feet, leaving your body feeling rejuvenated.

**Stress Relief Therapy**      50 Minutes / \$ 75

- This treatment is intended to reduce stress and is perfect for overall relaxation. Enjoy a quiet, peaceful session along with aromatherapy while light touch massage techniques concentrate on the upper body.

## The Idea

**Bachelorette Party and/or Gift for Bridal Party:** Plan massages, pedicures, facials, etc. Enjoy food and beverage in the spa area or in any of our great restaurants. Arrange a private Pilates or spinning class. Plan golfing. The perfect day for the perfect time in your life.

**Brides, Grooms, and Wedding Parties:** Make your wedding week the best that it can be. Contact the Spa Director to help you plan your week including massages, facials, waxing needs, make-up and hair styles. Be relaxed and beautiful all week long.

**Gift Certificates:** The Perfect Gift for any occasion or no occasion.

Bridal or party groups can gather in our relaxing Spa space while enjoying a variety of Salon and Spa services. Arrangements may be made to have light food platters or a continental breakfast including Mimosas, Bloody Mary's or most any beverage of your choice. Complimentary coffee, tea and "flavored" water always available.

For more information in regards to group Salon and Spa events, please contact *Penni Mokros, Spa Director* at (724) 704-8818 or email [pmokros@avalonlakes.com](mailto:pmokros@avalonlakes.com).



# Avalon Salon and Spa

**Avalon Golf and Country Club  
at Buhl Park**

1030 Forker Boulevard  
Hermitage, PA 16148  
(724) 704-8818